



It has been a while since we wrote to you with news from Footsteps Foundation so we have lots to share. I hope that you enjoy hearing about recent events at the charity and please do take a moment to watch our fabulous new film!

Footsteps Foundation: The Film



Thanks to Irwin Mitchell, Footsteps Foundation have a new charity film. We gave the team at Bounce Productions a brief to get a day-in-the-life snapshot of Footsteps and to capture the children's voices. I think they have done a fantastic job! Click on the pic to see our inspirational, heartwarming film.



A Sofa up Scafell!

We have had some inventive fundraisers before, but this is a new one...on a soggy, foggy day in September, four removals men took a sofa up England's highest mountain, Scafell Pike in the Lake District. Participants Chris Cox, Joshua Taylor, John Pickett and Dean Evans all work for Barleycorn Removals, based in the same village as Footsteps. Hearing about our work they wanted to take on a challenge and do something different to help raise funds. The climb took 5 hours to the summit, and when they reached the peak they had a little sit down on

the sofa...other hikers enjoyed the rest at the top as well! Challenge organiser Chris said: ***There were rain showers all the way and the going was rough, but we made it and we have not been put off, as next year we want to support Footsteps Foundation by taking a bed up Ben Nevis! We would love your support, we have raised over £1000 so far and donations are welcome at: <https://www.justgiving.com/fundraising/Sofa-up-Scafell>***

Elliott's New Best Friend



9-year old Elliott Baker has been coming to Footsteps for years now and is well-loved by all staff for his friendly, clever nature, hard work in therapy sessions and cheeky smile. Because of his disability, Elliott has trouble controlling his movements and things like opening and shutting doors and getting himself dressed can be tricky. So Elliott now has an adorable assistance dog called Elmo, who came to his first Footsteps session in August. Elliott's mum Caroline said: "Elliott tells me that Elmo has changed his life. They are best buddies and its lovely to hear Elliott chatting away to him in the mornings as the dog stays in his room. Elmo can fetch Elliotts glasses, pick up his beaker, put the footplates down on his wheelchair and take off his clothes - he even puts

dirty clothes in the wash!" Elliott said "Elmo makes me laugh every day"

We are looking forward to seeing them both in Footsteps again very soon!

Charity Statistics...

Our fundraising income:



Footsteps Foundation in numbers:

- We have spent **1.2 million** on **20,000** hours of therapy.
- Our target income is now **£260,000** per year to cover therapy and running costs.
- Footsteps Foundation employs **1** full time and **1** part time member of staff.
- **80p** in every **£1** goes directly towards therapy.
- The charity has the support of **15** volunteers for community events and fundraising.
- The equipment bank project has spent **£49,000** on orthopaedic shoes, specialist therapy equipment and high-tech gym machines.



80p in every £1 fundraised goes directly towards physiotherapy for disabled children



Where does the money go?

- **£10** will help to buy specialist equipment for a disabled child.
- **£30** pays for a pair of orthopaedic shoes.
- **£55** will fund one hour of therapy at the Footsteps centre.
- **£550** will pay for one week of intensive therapy.
- **£1,650** provides funding for an entire three-week session for one child.
- **£4,950** will fund a year of therapy for a disabled child in need.



A huge thank you to all our supporters! We could not do it without you and together we are helping disabled children get the best chance in life.

Have you ever wondered how Footsteps Foundation raises its funds? Or how we spend them for that matter? This great Infographic gives you the lowdown

Can you help....?

VOLUNTEERS NEEDED FOR DORCHESTER FIREWORKS NIGHT -

NOVEMBER THE 5TH...



Like most small charities, securing funding to help disabled children at Footsteps Foundation can be tough. Regular, reliable income is what all charities need to budget. **Can you help us by donating just £5 per month?**

If this doesn't seem like much, just imagine when hundreds do so and you will get the idea of what we can achieve together!

Emma-Grace pictured here had her first ever Footsteps session in August and she achieved 187 steps all by herself!

Help us to help children like Elliott and Emma-Grace

Donate below:

<https://www.justgiving.com/footstepsfoundation/Donate>

Special thanks to our recent supporters: Irwin Mitchell, Barleycorn Removals, The Cathedral School Cardiff, HSBC Oxfordshire, Susan Twitchett & Catherine Morris, James Gesner Estate Agents, Wooden Spoon, Cranford House School, Poyry Management Consulting, Sainsbury's Heyford Hill, Richie Allen, Carla Allen, Benedikt Unger, Zoe Jacobs, Adam Jacobs, The Joyce Chapman Trust, St Michaels & All Saints, Freeths LLP, Dana Walfisz, The Oxford School of English.

Thanks for your ongoing support,

The Footsteps Foundation Team.

Fund a footstep and help begin a journey

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