

FOOTSTEPS FOUNDATION

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Charity number: 1123440

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£500,000 in 3 years!

January 2012

Last year was a big year for the Footsteps Centre as demand saw us move to our new purpose built premises in the village of Dorchester-On-Thames.

Having been supported by the Dorchester Festival we have been welcomed by the locals and were invited to participate in BBC Radio Oxford's Christmas Celebration Concert held in Dorchester Abbey.

Footsteps Foundation also hit a big milestone as we reached our £500,000 target over 5 years in just under 3 1/2 years! Last year we had a rise in the number of families fundraising online and have continued to be supported by local community groups, businesses and schools.

Having now settled into our new home we are all looking forward to 2012 and seeing you all soon.

Wishing Everyone a Happy New Year
From the Footsteps Team

The Sound of Tiny Footsteps!

For those of you unaware the Footsteps team will soon be saying a temporary goodbye to Asia who is expecting a baby May.

However we warmly welcome Lukasz Komar to the team.

Our part time fundraiser Emma Kentish is also expecting her second baby in March.

We welcome Clare Morley as our full time Community Fundraiser, Clare will be taking on the task of foundation administration, organising events, presentations and will be the main point of contact for all fundraising queries.

Congratulations to all those expecting and welcome to all those joining the team.

Desperately Seeking 3 runners!

We still have 3 places left for the Silverstone half marathon which takes place on Sunday 11th March 2012 . There is a minimum sponsorship to raise of £350-400 per runner.

If you are interested in taking part or know someone who might be please contact:

polly@footstepsfoundation.com

GRANTS

Footsteps Foundation has recently received generous grants from the following:

The Boshier—Hinton Foundation
South Oxfordshire District Council



Listening Learning Leading

The John Horniman's Children's Trust

CHK Ltd

The Elizabeth Jane Foundation

The Helianthus Charitable Trust

The Anton Jurgens Charitable Trust

Dixie Rose Findlay Charitable Trust

The Good Neighbours Trust

The Doris Field Charitable Trust

Channel Swimmer pulled for Safety!

You may remember Footsteps dad James Howard taking on the awesome might of the English Channel back in September. Well after a week of delays due to the wrong tides and typically British weather James finally embarked on his challenge in late September. Regular updates were relayed to the local public via BBC Radio Oxford. Despite battling toothache and a ferocious tide sadly after 14 nautical miles the support team decided to pull James out of the water. James said "They knew I could go on but the tide was too fierce tried as I might I couldn't fight through it and the team pulled me out."

James raised over £6000 in sponsorship and has vowed to return to complete the challenge in the next couple of years.

www.footstepscentre.com

Don't forget to follow all our news, updates and fundraising on our new website

You can also follow us on Twitter @footstepF & on Facebook.



British 10K London Run 2012, Only 1place left!

We have 1 place available for the 2012 British 10k London Run If anyone is interested in taking part please contact polly@footstepsfoundation.com. The run takes place in London on Sunday 8th July.



JustTextGiving™
by  **vodafone**

Did you know you can now text your donations using JustTextGiving.

To donate directly to Footsteps Foundation just text: Foot11 Exx to 70070.

Donations using this code will be allocated to Footsteps Foundation grants and awards.

To create a text code for a specific child please follow the online instructions on your fundraising page.

Fundraising Ideas

Are you fundraising for Physiotherapy or SDR?

We want you to share your fundraising ideas, successes and failures so we can pass them onto other families.

Tell us worked and what didn't.

Also if you know of other charities providing funding we want to know about them so we can advise other families

Slim a thon results



Congratulations to our Slimmers who have been working hard to punch the pounds since August.

They have lost a combined weight of 5 stone and raised over £1500 for Footsteps Foundation.

The biggest loser lost a fantastic 41.5lbs, and the biggest raisers raised just over £1100.

Rotary Club Festive Fun

Despite the freezing weather on Saturday 18th December Wallingford Rotary Club served Mulled juice and played Christmas tunes to get Wallingford shoppers in the festive mood, raising over £400 in donations for Footsteps Foundation.

Thank you to all who volunteered

School Dancers raise the tempo

Back in December we were invited to attend a dance display at Cranford House School. The pupils had chosen to support Footsteps Foundation through their annual dance show. In total over 160 girls took part and raised over £240.

Hats off to local company

Louise Claire Millinery based in Wallingford raised £90 for Footsteps Foundation through their Christmas hat sale.

A big thank you to Louise and Craig Walton who popped into hand over the cheque and took the opportunity to have a picture taken with one of our Footsteps regulars Eve Williams (below)



Himilayas Trek For Footsteps



In October Footsteps mum Karen Somers along with pal Sally Carruthers took on the challenge of trekking in the Himilayas to raise money for her daughter Yasmin's Footsteps treatment and Footsteps Foundation. Yasmin has been a regular at the Footsteps Centre for several years and recently has undergone SDR surgery and hip surgery.

Karen says; "It was truly marvellous. The scenery was truly spectacular and the local people so kind and friendly. It was a fantastic challenge, not much sleep, leeches, disgusting toilets but the walking, people and views made up for all of that a hundred times over.

Karen and Sally raised over £6000



Local Boxing Club get cheeky for 2012 Calendar!



South Moreton Boxing Club raised over £800 at their latest Rumble against the Wantage Warriors in December.

Outside of the ring the club has produced a 2012 black and white calendar, copies of which can be bought locally—ladies this is not to be missed!

Golfers raise £7,500

Members of Five Star events have raised over £7,500 for Footsteps Foundation. Led by Barry Yates the group raised the funds through golf days and auctions during 2012.

Footsteps Foundation founder Pip Hoyer Millar was invited to collect the cheque.



2012/2013 Dates

There are still a few 2012 sessions dates available for Footsteps physiotherapy. For sessions that are fully booked we operate cancellation waiting lists.

2013 dates will be released in June 2012, all Footsteps families will receive details through the post.

To book or check availability please contact Polly on 01865 340376.

Footsteps Equipment Bank

You may not be aware but Footsteps Foundation has been raising funds for the Equipment Bank. Footsteps Foundation will fund 50% of the cost of equipment such as peanut balls, mats, wedges, steps and shoes subject to therapist recommendation.

Please ask the therapists or office for more details.

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For those new to Footsteps you may not be aware of Footsteps Foundation, a charity which awards grants towards payment of sessions at the Footsteps Centre. Applications are accepted throughout the year. For more information download an application at www.footstepscentre.com or contact the office.

CANCELLATIONS

Please could we remind everyone to make any cancellations as early as possible, whilst we do operate a healthy waiting list, it is often difficult to find families who are able to take last minute spaces.

If you find you no longer require a session please bear in mind that there are others who do.

Thank You.

And Finally...

Back in October whilst having physio at Footsteps, 11 year old Joshua Smith was nominated and awarded 'The Person of Courage Award' as part of the The Hastings Achievers Awards run in conjunction with the Hastings Observer and Hastings Borough Council. The award was presented to Josh's mum Tracey for all his amazing achievements since coming to the Footsteps Centre, his biggest achievement is walking unaided. Mum Tracey said; "Joshua has featured quite a bit last year in the local paper to raise funds for his therapy and so many people have been following his progress. He is quite the local celebrity! We still don't know who nominated him but it was said at the ceremony that he was an inspiration to many and that his determination to succeed made him a local hero."



Contacts

If you have any comments regarding newsletter or would like us to feature an event you are involved in please do not hesitate to contact us

Next Edition—July 2012

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